

Waves & Wellness Weekend

Bluefin Bay Family of Resorts · November 11-13, 2022



Note: All events (except spa services) are complimentary for guests of Bluefin Bay, Surfside and Temperance Landing. Advance sign-up is required.

Schedule of Events

All Weekend: Enjoy some pampering at Waves of Superior Spa. The spa will be offering 10% off on services all weekend when you mention Waves & Wellness

Friday, November 11

9 a.m.-12 p.m. - Guided Hike at Lookout Mountain

2-4 p.m. - Introduction to Woodburning

2-4 p.m. - Guided Hike at Caribou Falls

Saturday, November 12

8:30-9:45 a.m. - Yoga and Mindfulness

9 a.m.-12 p.m. - Guided Hike at Tettegouche State Park

11 a.m.-1 p.m. - Alcohol Ink Painting with Local Artist Cheryl Larson

1:30, 2:00, 2:30, 3:00 p.m. - Scarf Dyeing with Local Artist Julie Arthur

2-4 p.m. - Guided Hike at Sugarloaf Cove

5-7 p.m. - *Signature Event:* Cocktail Crafting with J. Carver Distillery

Sunday, November 13

8:30-9:45 a.m. - Yoga and Mindfulness

10 a.m.-12 p.m. - Guided Hike at Temperance River State Park

For more information on sign-ups and locations, visit bluefinbay.com/eventcalendar



Bluefin Bay | Surfside | Temperance Landing