

Temperance Landing Sauna Instructions

We hope you enjoy our contemporary version of a classic Finnish Sauna.

Location

The sauna is located just past cabin number 22, on the far southwestern end of the Temperance Landing complex. There is a walkway to the sauna which begins on the north side of the garage at cabin number 54, which then passes under bridges that enter cabins 24 and 22.

Entry Door

To enter either sauna door, press “6 7 8 9” on the combination entry door lock, and then turn the knob. If it does not open the first time, please repeat, as this clears the lock for the new attempt.

Heating up the Sauna

The sauna heater control is on the wall to the left as you enter. Please turn the Temperature Control up to at least 6 or 7, and then turn the timer to at least 30 minutes. You may want to return to your cabin for 15 or more minutes to wait for the building and the sauna to pre-heat. If you do so, please fill the sauna water reservoir with water before leaving (see next instruction) so that has an opportunity to pre-heat as well.

Using the Sauna

First fill the green metal reservoir on the right hand side of the sauna stove from the water tap just above this, as the sauna will pre-heat this water. Then ladle warm water from this reservoir onto the rocks in the sauna. The more rocks you cover the more steam you will create and the faster the sauna will become hot and steamy. If you put too much water on the rocks, it will simply run out the bottom and into the floor drain. Each time you ladle more water onto the rocks you will create more heat and more steam, which you can do to your comfort level.

Shower and Bathrooms

There is a bathroom and a shower and changing room across the hall from the sauna room.

Towels and Toiletries

We do not stock extra towels and toiletries in the sauna, so please bring these from your cabin. We would appreciate it if all towels were returned to the cabins when you finish your sauna.

Departing

Before you leave, please, turn off the sauna heater by turning the timer dial to the zero or off position. Please also lower the room thermostat temperature setting to 60 degrees to help us save energy and turn the lights off.