



**Repeat after us: What happens on the North Shore, stays on the North Shore!**

## Join us for Girls Gone North Weekend 2018 at Bluefin Bay Family of Resorts

**Friday, Nov. 9 – Sunday, Nov. 11, 2018**

Our Annual Girls Gone North Weekend offers just the right amount of relaxation, inspiration and fun! Gather for happy hour. Join a “girls only” guided hike. Watch the waves. Soak in the hot tub. Try yoga. Get a mini-facial. Drink wine. Lots of wine!

**A GREAT DEAL:** Stay two nights at any of our Bluefin Bay Resorts over Girls Gone North Weekend at 15% off or Stay three nights and receive one night **FREE!**

**REGISTER FOR ACTIVITIES:** Check out our schedule of complimentary events & activities and register to participate by calling 1-800-BLUEFIN (258-3356). Or sign up when you make your lodging reservation. Space is limited in most events.

**Visit [bluefinbay.com](http://bluefinbay.com) or call us at 1-800-BLUEFIN to make your reservation today!**

 **Bluefin Bay** FAMILY OF RESORTS

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On the shores of Lake Superior in Tofte, Minnesota 1-800-BLUEFIN

# GIRLS GONE NORTH WEEKEND 2018 SCHEDULE OF EVENTS NOV. 9 – 11, 2018



## FRIDAY, NOV. 9

### WELCOME, CHECK-IN, RELAX, TIME TO BOND

Check-in & sign up for the complimentary Girls Gone North Weekend activities.

**GUIDED HIKE: OBERG MOUNTAIN (RESORT GUIDED HIKE)** ..... 10 a.m. – 12:30 p.m.

**Bluefin Bay: Meet at Guest Services**

**WAVES OF SUPERIOR SPA TREATMENTS** ..... 9 a.m. – 6 p.m.

**Surfside: Waves of Superior Spa**

Girls Gone North participants receive 15% off massage, skin care treatments and nail services all weekend!  
Call for reservations: 218-663-6888. Let the reservationist know you are part of Girls Gone North.

**HAPPY HOUR** ..... 3 – 5 p.m.

**LIVE MUSIC** ..... 8 – 10 p.m.

**Bluefin Bay: Bluefin Grille**

Girls Gone North Happy Hour offering GIRLS ONLY drink specials, including a variety of “lighter” cocktails (with recipes so you can make them at home)! Live music with Maria Nickolay from 8 – 10 p.m.

## SATURDAY, NOV. 10

**YOGA (ALL LEVELS WELCOME; RESORT GUESTS WELCOME)** ..... 8:30 – 9:30 a.m.

**Bluefin Bay: Tofte Room**

**YOGA (ALL LEVELS WELCOME; GIRLS GONE NORTH GUESTS ONLY)** ..... 9:30 – 10:30 a.m.

**Bluefin Bay: Tofte Room**

**WAVES OF SUPERIOR SPA TREATMENTS** ..... 9 a.m. – 5 p.m.

**Surfside: Waves of Superior Spa**

**CASCADE RIVER STATE PARK (RESORT GUIDED HIKE)** ..... 10 a.m. – 12 p.m.

**Bluefin Bay: Guest Services**

**ADVENTURE HIKE – CARIBOU FALLS (GIRLS GONE NORTH ONLY)** ..... 11 a.m. – 1:30 p.m.

**Bluefin Bay: Guest Services**

This hike offers Girls Gone North participants a slightly more rigorous adventure with a waterfall and Lake Superior views.

**LUNCH ON YOUR OWN** ..... (ANYTIME)

**Bluefin Grille or Coho Café & Bakery**

**NORTH SHORE WINERY (RESORT SHUTTLE)** ..... 2:30 – 4:15 p.m.

**Bluefin Bay: Meet at Guest Services**

The winery is open Friday – Monday from Noon to 7 p.m. if you choose to go on your own & drive.  
Please pre-register for the resort shuttle as space is limited.



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## SIGNATURE EVENT | SATURDAY, NOV. 10

**BE WELL. AN EVENING OF ORGANIC FUN!**..... 5:00 – 7:00 p.m.

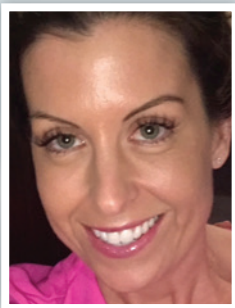
### **Surfside: Lakeside Ballroom**

“Love the Skin You’re In” workshop with Eminence Organic Skin Care & an Organic Wine Tasting hosted by Johnson Brothers & Waves of Superior Café!

Join us for two separate 45-min sessions designed to help you learn & have some truly ‘organic’ fun!

### **PART 1: LOVE THE SKIN YOU’RE IN (MINI-FACIAL ANYONE?)**

Ask a woman of almost any age what she worries about and you’re likely to hear – getting and feeling old! This 45 minute hands-on workshop will give you insight into skin health, beauty, and age prevention and treatment. Join Eminence Organic Skin Care expert, Rachel Ann Riter, to learn about the best regime for your skin concerns. Each person will receive a skin analysis, learn the importance of active organic ingredients and how to do a mini-treatment. Our Waves of Superior Spa team will be on hand to help answer questions and determine the best regiment for your skin type.



Rachel Ann Riter has more than 20 years of experience as both an Esthetician and Master Trainer with Eminence Organic Skin Care. Rachel’s passion is to help educate clients on how to prevent and correct challenges with their skin. The Waves of Superior Spa staff is delighted to work with Rachel and Eminence Organic Skin Care to provide high quality skin care services and products.

### **PART 2: ORGANIC WINE TASTING & SAMPLING EVENT**

It’s no secret, organic wine is all the rage these days. But what exactly does it mean to be deemed an organic wine? Are there benefits to drinking organic vs. other? Our Waves of Superior Café Food & Beverage staff offers insight and samples! Join us to learn and to taste – organic wines and appetizers are complimentary in this tasting and socializing session.

**NOTE:** Pre-register when you make your lodging reservation or when you check in. Max attendance for this event is 60; reservations on a first come, first served basis.

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## SUNDAY, NOV. 11

**YOGA (ALL LEVELS WELCOME; RESORT GUESTS WELCOME)** .....8:30 – 9:30 a.m.

**Bluefin Bay: Tofte Room**

**WAVES OF SUPERIOR SPA TREATMENTS** .....9 a.m. – 6 p.m.

**Surfside: Waves of Superior Spa**

Call for reservations: 218-663-6888

### **SIGN UP IN ADVANCE TO PARTICIPATE IN GIRLS GONE NORTH EVENTS!**

Call Bluefin Bay Guest Services at 1-800-BLUEFIN (258-3346) and be sure to list the names of ALL participants who want to reserve a spot.

Girls Gone North Weekend is sponsored by Bluefin Bay Family of Resorts, with our media partner, Minnesota Monthly Magazine.

### **THANK YOU & SAFE TRAVELS HOME!**



#### **A LITTLE SPECIAL PAMPERING – JUST FOR THE GIRLS**

##### **Waves of Superior Spa**

Receive 15% off massage, body treatments, skin care and nail services during Girls Gone North Weekend. This is the perfect enticement to try Waves of Superior Spa if you haven't joined us yet. Make one appointment or we'll work with you to accommodate your group.

This offer is valid Nov 9 – 11, 2018 for Girls Gone North participants only.

Call 218-663-6888 to take advantage of this special offer.

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