



## GIRLS GONE NORTH WEEKEND SCHEDULE OF EVENTS NOV. 10-12, 2017

### FRIDAY, NOV. 10

#### Welcome, Check-In, Relax, Time to Bond

Arrive at your favorite Bluefin Bay Family Resort, check in and get your event bag and program. Be sure to sign up for the complimentary Girls Gone North Weekend activities as limited space is available.

#### Guided Hike: Sugarloaf Cove (Regular Resort Guided Hike)

Noon – 2:00 p.m.

*Bluefin Bay: Meet at Guest Services*

Join our resort guided hike scheduled to depart at Noon from Bluefin Bay Guest Services. This easy/moderate hike travels through woods and along a rock ledge to Sugarloaf Beach. We'll follow along a marked interpretive route through a Red Pine Planation that showcases the logging history and geological history of the North Shore.

#### Waves of Superior Spa Treatments

9 am – 6 pm

*Surfside: Waves of Superior Spa*

Lounge with the ladies while you unwind in our luxurious Waves Spa. As part of Girls Gone North Weekend, we're offering event participants **15% off massage and skin care treatments**. Appointments should be booked in advance. To receive the discount, just let the reservationist know you are part of Girls Gone North Weekend and give them your room number.

Call for reservations: 218-663-6888

#### Happy Hour at the Bluefin Grille

3 – 5 pm, 9 - 11 pm

*Bluefin Bay: Bluefin Grille*

Fun Girls Gone North ONLY drink specials! Come check it out.

#### North Shore Winery Wine Tasting & Tour (Shuttle)

5-7 p.m.

*Bluefin Bay: Meet at Guest Services*

Take the resort shuttle to and from North Shore Winery in Lutsen for a special Girls Gone North Wine Tasting for \$12. This special Girls Gone North ONLY price includes the wine tasting, a souvenir wine glass, a signature chocolate, and a tour of the winery. The Bluefin Bay shuttle leaves Guest Services at 5 p.m. and arrives at the winery by 5:15 p.m., returning to Bluefin Bay about 7 p.m. **SPACE IS LIMITED so advance reservations are required.** Register at the front desk. *NOTE: If you are unavailable to join the Girls Gone North Wine Tasting from 5-7 p.m., you'll have another opportunity on Saturday.*

## **SATURDAY, NOV. 11**

### **Yoga (All levels welcome)**

8:30 am – 9:30 am

*Bluefin Bay: Tofte Room*

### **Waves of Superior Spa Treatments**

9 am – 5 pm

*Surfside: Waves of Superior Spa*

Lounge with the ladies while you unwind in our luxurious Waves Spa. As part of Girls Gone North Weekend, we're offering event participants 15% off massage and skin care treatments. Appointments should be booked in advance. To receive the discount, just let the reservationist know you are part of Girls Gone North Weekend and give them your room number.

Call for reservations: 218-663-6888

### **Outdoor Adventure Hike to Carlton Peak (For Girls Gone North Participants Only)**

11 a.m. – 1:40 p.m.

*Bluefin Bay: Guest Services*

This is a rigorous outdoor adventure hike. It starts out gradual and then gets steep, but the Carlton Peak Trail leads to some of the best views in Tofte! Join us as we ascend nearly 700 feet to Tofte Overlook and if we have time, then on to Carlton Peak. The hike and travel time is about 2.5-3 hours, and the difficulty is rated moderate/hard. Total distance is about 3 miles. *(Shuttle space is limited for this hike, so advance registration is requested to reserve your spot. This shuttle will return in time for you to hop the shuttle to the North Shore Winery Tasting & Tour.)*

### **Caribou Falls Hike (Resort Guided Hike)**

11 a.m. – 1 p.m.

*Bluefin Bay: Guest Services*

If you prefer an easier hike, join our regular resort guided hike to Caribou Falls. This includes a pleasant walk along the Caribou River leading to Caribou Falls, and continues along the Superior Hiking Trail. Total distance is about 1.5 miles and this hike is rated easy/moderate. Travel time including the hike is about 2 hours. Advance registration is recommended to reserve your spot on the shuttle.

### **Lunch on Your Own (anytime)**

*Bluefin Grille or Coho Café & Bakery*

### **North Shore Winery Wine Tasting & Tour (For Girls Gone North Only)**

1:45-3:45 p.m.

*Bluefin Bay: Meet at Guest Services*

Take the resort shuttle to and from North Shore Winery in Lutsen for a special Girls Gone North Wine Tasting for \$12. This special Girls Gone North ONLY price includes the wine tasting, a souvenir wine glass, a signature chocolate, and a tour of the winery. The Bluefin Bay shuttle leaves Guest Services at

1:45 p.m. and arrives at the winery by 2 p.m., returning to Bluefin Bay about 3:45 p.m. Space in the shuttle is limited so advance reservations are recommended. NOTE: You can also drive to the winery for the wine tasting and receive the Girls Gone North special.

## **SIGNATURE EVENT**

### **Girls Gone North Paint & Sip**

5:00-7:00 pm.

*Surfside: Lakeside Ballroom*

Join us for a Paint & Sip event where you get to test your creative talents, take home a fun North Shore painting of your very own, and sip some complimentary wine while laughing with your girlfriends! These Paint & Sip or Art & Wine events are gaining popularity and we wanted to try it. So we've invited [Cheers Pablo](#) to join us for Girls Gone North Weekend. They will partner with us to host a special Paint & Sip event for up to 80 women in the Surfside Lakeside ballroom. Complimentary wine and cheese will also be served!

All you need to do is pre-register and show up ready for some fun. The artist instructors will take it from there – ensuring that you have fun while creating your very own North Shore masterpiece.

**IMPORTANT NOTE: This is a complimentary event but is limited to 80 participants, so everyone in your group must sign up in advance. Sign up with Guest Services when you make your Girls Gone North reservation or at check-in.**

## **SUNDAY, NOV. 12**

### **Yoga (all levels welcome)**

8:30 am – 9:30 am

*Bluefin Bay: Tofte Room*

### **Waves of Superior Spa Treatments**

9 am – 6 pm

*Surfside: Waves of Superior Spa*

**NOTE: Please make sure to sign up for Girls Gone North events when you make your resort reservation or in advance of Nov. 10.** We have limited space available for many of our activities this year, so to ensure a spot for everyone in your group advance reservations are recommended. Our signature Paint & Sip event on Saturday night will be limited to the FIRST 80 people who sign up!

**To register, call Bluefin Bay Guest Services at 1-800-BLUEFIN (258-3346)** and be sure to list the names of ALL participants who want to reserve a spot. When you check in, make sure your name is on the list of activities you want to participate in.

*Girls Gone North Weekend is sponsored by Bluefin Bay Family of Resorts,  
with our media partner, Minnesota Monthly Magazine.*

## **A Little Special Pampering – Just for the Girls by Waves of Superior Spa**

Again this year our Waves of Superior Spa at Surfside is offering a Girls Gone North Spa Special!

Receive 15% off a massage, body treatment or skin care service during Girls Gone North Weekend. This is the perfect enticement to try Waves of Superior Spa if you haven't joined us yet. Make one appointment or we'll work with you to accommodate your group.

This offer is valid Nov 10-12, 2017 for Girls Gone North participants only.

Call 218-663-6888 to take advantage of this special offer.

**We expect the spa to be busy, so please book spa appointments in advance to receive the special. When you call to make a reservation, please let staff know you are part of Girls Gone North Weekend so we can ensure the discount.**